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Spezial Angebote unserer Sponsoren für August 2024 Special Offers from our Sponsors for August 2024

Liebe Mitglieder,

Auch diesen Monat erwarten Euch wieder interessante Angebote unserer Sponsoren. Wir wünschen Euch viel Freude beim Entdecken der vielzähligen Angebote.

Dear Members,

Below please find the special offers of our sponsors. Have fun exploring their diverse services.



Bliss Cleaning.

10% Rabatt für SLS Mitglieder, wenn ihr 4 Mal das Full Cleaning Package bucht.

Für mehr Infos und Buchung:
www.blisscleanandcare.com

Bliss Cleaning.

Bliss offers SLS members a 10% discount when you buy the Full Cleaning Package 4 times.

For more information and booking
www.blisscleanandcare.com

Bliss
When you purchase the Four-times package
10% OFF
Professional CLEANING SERVICE
"ONE-TIME CLEANING PACKAGE"
a Bliss trained housekeeper ✓
English speaking customer service ✓
Include all cleaning supplies, equipment necessary ✓
Special Promotion for Swiss-Lanna membership
CONTACT US
Get a Free Quote
www.blisscleanandcare.com 014-416-4850 @blisscleanandcare



Thailand Come Together Networking. Rainer Phillipeit im Interview über Fragen zum Auswandern nach Thailand. Bitte [hier](#) klicken für den link.

Thailand Come Together Networking. Rainer Philipeit in an interview about questions that deal with emigrating to Thailand. Please click [here](#) to watch the interview.



Chaba Prai Swiss Lanna Wellness package. 1 Std. Hand Massage + 1 Std. Fuss Massage + 1 Std. Aroma Therapie für SLS Mitglieder nur 1500 Baht (Normalpreis 1800 Baht). Inkludiert Willkommensdrink und erfrischendes kaltes Tuch, Waschen der Füße, ein Snack während der Behandlungspause sowie Tee und Reis Cracker zum Schluss.

Das Angebot ist nur gültig im Chaba Prai Spa an der 95 Intrawarot Road Chiang Mai (in der Nähe vom Wat Phra Singh). Reservation erforderlich.

Chaba Prai Swiss Lanna Wellness Package. 1 hour hand reflex massage + 1 hour foot massage + 1 hour aroma therapy massage: For SLS members only 1500 Baht. (normal price 1800 Baht). The package includes welcome drink and refreshing towel, foot wash in herbal water, snack during the treatment break, Tea and rice cookie after the treatment.

* Only valid in Chaba Prai Spa, 95 Intrawarot Road Chiang Mai (near Wat Phra Singh)

** Reservation is required



The Riverside.

Unser neues Stammlokal.

Jeden ersten Mittwoch im Monat findet der Stamm im Riverside Bar and Restaurant ab 18:00 Uhr im 2. Stock statt.

The Riverside.

Our new Stamm Restaurant.

Every first Wednesday of the month the Stamm will take place at The Riverside Bar and Restaurant as of 18:00




The Duke's. In allen Duke Filialen: Tex Mex Early Bird Specials für 275 Baht und der Route 66 Burger für nur 155 Baht. Mehr Info auf www.wherestheduke.com

The Duke's. Tex-Mex Early Bird Specials for 275 Baht and the legendary Route 66 Burger for 155 Baht are available in all branches during the month of August. More info on www.wherestheduke.com



Origin Café. Das Original hat unter neuer Leitung wieder aufgemacht und bietet ein tolles Frühstücksangebot, Schweizer Käse und internationale Spezialitäten Wein und vieles mehr. Schaut doch mal wieder vorbei.



Origin Café. The Original has reopened under new management and offers a great breakfast menu, Swiss cheese and international specialties, wine and much more. Why don't you pass by and take a look yourselves. .



Reopening

The new management of Origin Coffee & Bakery Chiang Mai is pleased to inform you that its activities resumed beginning of July 2024, with its new menus.

- Breakfast menu.
- Daily fresh home made bread.
- All day coffee and drink.
- A la carte menu for lunch and dinner.
- Hamburger, sandwich and Thai food.
- Large choice of wine and beer.
- Swiss specialities.
- Varieties of imported cheese and dry meat.
- Breaded cheese, Raclette and cheese fondue will be soon available.

Origin coffee and Bakery Chiang Mai.
Tel. 0857921179
212 Moo 2, Samoeng Road, Nong Kwai, 50230
Hang Dong, Chiang Mai.
Facebook: Origincafechiangmai.com



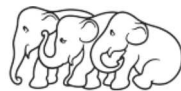
137 Pillars House The Elegant Mother's Day Tea Set

- 01. August bis 30. September 2024

Zur Feier des thailändischen Muttertags im August bietet 137 Pillars House das elegante Mother's Day Tea Set an. Vom 1. August bis zum 30. September 2024 wird täglich von 12:00 bis 17:00 Uhr ein spezieller Nachmittagstee mit einer dreistufigen Auswahl an Köstlichkeiten angeboten. Zu den Highlights gehören English Trifle, Chicken Vol Au Vent, Paprika-Sahne-Käse-Makronen, frische Feigen mit Blauschimmelkäse, Honig und Parmaschinken und andere verlockende Leckereien. Ihr könnt eine Vielzahl von Teespezialitäten oder Kaffee genießen. Jedes Set enthält ein Glas Sekt. Der Preis beträgt 700 Baht pro Person oder THB 1'400 für zwei Personen, zuzüglich 17% Servicegebühr und Steuern. Für Reservierungen 053-247-788 oder per E-Mail an 137cnxfb@137pillarshouse.com

**137 Pillars House.** The Elegant Mother's Day Tea Set - 01 August to 30 September 2024

In celebration of Thai Mother's Day this August, 137 Pillars House introduces the elegant Mother's Day Tea Set. Available daily from 12:00 pm to 5:00 pm, from 01 August to 30 September 2024, this special afternoon tea offering a three-tiered selection of delicacies. Highlights include English Trifle, Chicken Vol Au Vent, Paprika cream cheese macaroon, fresh fig with blue cheese, honey, and Parma ham and other enticing treats. Guests may indulge in a variety of specialty teas or coffee. Each set includes a glass of Sparkling Wine. Priced at 700 Baht per person or 1400 Baht for two. Plus Service Charge 17%. For reservations call 053-247-788 or email to 137cnxfb@137pillarshouse.com

**ELEPHANT PARADE****Elephant Parade.**

Beim Kauf von 2 Elefanten gibt es einen kleinen Elefanten gratis.

Elephant Parade.

When you buy two replicas one small elephant is free.



RatiLanna Resort and Spa offeriert für unsere Mitglieder ein vielfältiges Angebot, vom Afternoon Tea und Dinner bis zu Fitness Abos. Die Angebote sind gültig von jetzt bis 30. September. Mehr Info unter www.ratilannachiangmai.com

RatiLanna Resort and Spa offers various interesting packages for our members. Get fit at the Gym, or have an afternoon tea or a Western set menu. Find out more on www.ratlann Chiangmai.com

PROMOTION RETREATS FOR MOMS

โปรโมชั่นสำหรับคุณแม่ที่รักสุขภาพ

Valid From Now to 30 September 2024

Includes breakfast, room service, and access to the spa.

DELUXE ROOM The 5,500 room/night Includes breakfast for 2 persons	SPECIAL 4 Days 3 Nights THB 15,500 net
DELUXE BALCONY ROOM The 6,500 room/night Includes breakfast for 2 persons	SPECIAL 4 Days 3 Nights THB 18,500 net
EXECUTIVE SUITE ROOM The 12,000 room/night Includes breakfast for 2 persons	SPECIAL 4 Days 3 Nights THB 33,000 net

For more information or reservation, please contact us 053 999 333
or e-mail: reservations@ratilanna.com

ENJOY A NIGHT OF EXQUISITE 4 COURSES

at RatiLanna Riverside Spa Resort, Chiang Mai

Valid: From Now to 30 September 2024

Enjoy our contemporary Western set dinner under the soft glow of candle lights in the romantic ambience.

Set dinner only at THB 1,000++
Available daily from 6:00 pm to 10:30 pm. | at Mira Restaurant

For more information or reservation, please contact 053 999 333
or e-mail: reservations@ratilanna.com

Afternoon Tea

at RatiLanna Riverside Spa Resort, Chiang Mai

Available Daily 12:00 noon to 4:00 p.m.

Valid: From Now to 30 September 2024

AFTERNOON TEA AT MALIN CHAVALEN
THB 950++ per couple

AFTERNOON TEA CHAVALEN CREATING
THB 1,250++ per couple

A sumptuous afternoon tea is the perfect accompaniment to wind down in an open area with breathtaking view of the Ping River and hotel pier where beautiful sunrises breaking at sea. Let's sit and relax, then choose your favorites tea and cakes with a zesty flavor!

The highlights include a wide selection of homemade bakery items perfectly cut sandwiches, scones, opéra cakes, chocolate tart, to macarons.

Remark: Advance reservation is required at least 1 day

For more information or reservation, please contact 053 999 333
or e-mail: info@ratilanna Chiangmai.com

RatiLanna Spa Promotion

เปิดบริการทุกวัน ตั้งแต่เวลา 10:00 น. - 19:00 น.

INDULGE FUSION SENSES
120 minutes | THB 2,650

LADURÉS CRISTAL OIL MASSAGE WITH THAI MASSAGE
A sensory massage using pure 100% essential oils in the direction of flow that will create a relaxing and invigorating experience for you. The combination of Ladurés and Fusion Spa essential oil massage combined with the Swedish massage therapy is perfect for relaxing but invigorating with the spa treatment.

LANNA POTTALI
90 minutes | THB 2,800 | THB 2,500

This is a relaxing therapy using the hot body to release all natural toxins in our body. It is a combination of hot stone treatment and Ladurés essential oil massage. The combination of hot stone, Fusion Spa essential oil massage, and the Swedish massage therapy is perfect for relaxing but invigorating with the spa treatment.

HEAD TO TOE
60 minutes | THB 1,400

Full body massage using pure 100% essential oils. The therapist will use a variety of techniques to relax your muscles and soothe your mind. The combination of Swedish massage and Fusion Spa essential oil massage is perfect for relaxing but invigorating with the spa treatment.

BEAUTY BLISS
90 minutes | THB 2,400

Facial treatment using pure 100% essential oils. The therapist will use a variety of techniques to relax your skin and soothe your mind. The combination of Swedish massage and Fusion Spa essential oil massage is perfect for relaxing but invigorating with the spa treatment.

70% OFF
Valid from Now to 30 September 2024

For more information or reservation, please contact 053 999 333
or e-mail: reservations@ratilanna.com

RATILANNA GYM MEMBERSHIP

TYPE	NEW PRICE	SPECIAL BENEFIT
Couple Annual	45,000	Please select one choice of option: 1. Waiver of breakfast for 2 persons 1. Waiver for 1 hr of Thai massage for 2 persons 1. Waiver of afternoon tea for 2 persons
Couple 6 months	25,000	Please select one choice of option: 1. Waiver of breakfast for 2 persons 1. Waiver of afternoon tea for 2 persons
Annual	25,000	Please select one choice of option: 1. Waiver of breakfast for 2 persons 1. Waiver of afternoon tea for 2 persons
6 months	15,000	Waiver for breakfast for 2 persons
3 months	9,000	Waiver for breakfast for 2 persons
Monthly	4,500	Waiver for breakfast for 2 persons
Daily (pool only)	400	-
Daily (pool & gym)	500	-

SPECIAL BENEFIT:
 • A complimentary drinking water and towel.
 • Free storage lockers.
 • For children under 12 year old get special 50% discount when applying with family.
 • In the case of credits or young children who are unable to support themselves. Multi apply with parents only!
 • For annual and 6 months membership gets 20% discount for food & beverage (Non-Alcohol) at Mira Restaurant and 10% for spa treatments at RatiLanna Spa.
 • For 3 months and monthly membership gets 10% discount for food & beverage (Non-Alcohol) at Mira Restaurant and 10% for spa treatments at RatiLanna Spa.

Open daily | 09:00 am to 09:00 pm
From Now until 30 September 2024

For more information or reservation, please contact 053 999 333
or e-mail: reservations@ratilanna.com

บอสตัน เฮลท์ คลินิก

Boston Health POLYCLINIC

Western-style Primary Care Treatment and Prevention

Boston Health Clinic. Büro Syndrom-Paket + Stosswellentherapie - 1'500 Schocks, das Paket umfasst Massage zur Dehnung der Muskeln, körperliche Untersuchung, warme und kalte Kompressionstherapie, elektrische Stimulation, Ultraschall und therapeutische Übungen. Sonderpreis für SLS-Mitglieder 1'800 Baht.

www.bostonhealthcm.com

Boston Health Clinic Office Syndrome Package + Shock Wave Therapy - 1,500 Shocks, the package includes massage to stretch muscles, physical exam, warm and cold compress therapy, electrical stimulation, ultrasound and therapeutic exercises. Special Price for SLS members 1,800 Baht.

www.bostonhealthcm.com

Special price for Swiss Lanna Society

Office syndrome package with Physical Therapy treatment

Shock Wave 1,500 shocks

Unlock these Shock Wave benefits:

- History taken, physical exam
- Warm & Cold compress
- Electrical stimulation
- Massage to stretch your muscles
- Therapeutic exercise
- Ultrasound Therapy
- Design a personalised exercise program
- Creation of new blood vessels (neovascularization)
- Release trigger point
- Relieve pain
- Promote healing of injured tendons, ligaments, and soft tissue

~~3,000 THB~~

AUGUST DEAL 1,800 THB (60 mins Free Consultation)

Boston Health **PHYSICIAN**
Musculoskeletal, Pain, Sports, Rehabilitation

052-082-888 www.BostonHealthcm.com @bostonhealthcm

MELIÀ
CHIANG MAI
THAILAND

Melia offeriert bis zum 30. September diverse Köstlichkeiten in den verschiedenen Restaurants.

Asian Delight Buffet in Laan Na Kitchen am 30. August und 27. September. 15% Discount bei Vorausbuchung von einer Woche.

Muttertag Spezial im Mai Restaurant am 12. August.

Frühstücksbuffet im Bliss Buffet im Laan Na Kitchen

Afternoon Tea im Mai Restaurant

Beergur in der Ruen Kaew Lounge.

Melia offers various deals in its restaurants from now until September 30th.

Asian Delight Buffet at Laan Na Kitchen on 30 August and 27 September, get 15% discount when booking at least one week in advance

Mother's Day Special at Mai Restaurant & Bar on 12 August 2024

Breakfast Bliss Buffet at Laan Na Kitchen

Afternoon Tea at Mai Restaurant & Bar

Beergur at Ruen Kaew Lounge



MAI RESTAURANT & BAR

Afternoon Tea at Mai Restaurant & Bar

Escape to Mai Restaurant & Bar for an enchanting high tea experience amidst the breathtaking views of Chiang Mai's Rose of the North while immersing yourself in the charm of Baan Tawai Handicraft Village with our vintage tea cabinets, showcasing the region's rich artisanal heritage of wood crafts. Join us for a journey of tradition and taste at Mai.

Venue: Mai Restaurant & Bar
Date: 15 June - 30 September 2024
Time: 2pm - 4:30pm
Price: THB 269 net per set inclusive of a selection of teas or coffee for 2 persons

FOR MORE INFORMATION AND RESERVATIONS, PLEASE CONTACT
 052 090 603 or email mai@meliaschiangmai.com

Price is inclusive of 10% service charge and 7% government tax.



ruen kaew LOUNGE

BEERGUR at Ruen Kaew Lounge

Experience double the pleasure and satisfaction at Ruen Kaew Lounge! Indulge in our mouthwatering signature Melia Cheeseburger, perfectly paired with a refreshing glass of local beer, elevating your culinary journey to heavenly heights!

Venue: Ruen Kaew Lounge
Date: Now - 30 September 2024
Time: 5pm - 10pm
Price: THB 450++ per set for signature Melia Cheeseburger with a glass of local beer

FOR MORE INFORMATION AND RESERVATIONS, PLEASE CONTACT
 052 090 602 or email fb@meliaschiangmai.com

Price is inclusive of a 10% service charge and 7% government tax.



LAAN NA KITCHEN

Asian Delight Buffet at Laan Na Kitchen

Gather your loved ones for an unforgettable feast at Laan Na Kitchen. Experience a culinary adventure with our Asian delight* nights and let every dish transport you to a world of flavor!

Highlight menu:

- Salmon & yellow tail fish rice bowl
- Carving Station Crispy pork
- Clear fish soup
- Steakhouse soup, Roasted duck, jelly fish salad, Chinese dumplings, Steamed fish with ginger-cayenne sauce, Spicy beefed chicken and Mao tofu
- Hot cooking braised beef noodle soup

Hot drink:

- Peppercorn rice
- Salt pepper prawns
- Hot & hot yellow curry trout
- Slow cook pork ribs

Desserts:

- Homemade mango cheesecake
- Lotus chili assorted miniature desserts
- Crowned ice with condiments

Special offer: Special Offer 15% Discount when booking at least one week in advance with a non-refundable

FOR MORE INFORMATION AND RESERVATIONS, PLEASE CONTACT
 052 090 603 or email laan@meliaschiangmai.com

Price is inclusive of 10% service charge and 7% government tax.



MAI RESTAURANT & BAR

Mother's Day Special at Mai Restaurant & Bar

Celebrate Mother's Day with your beloved family and savor an exquisite heritage Thai set dinner created by our talented chefs while indulging in the rooftop night lights of Chiang Mai from the 2nd floor.

Venue: Mai Restaurant & Bar
Date: 12 August 2024
Time: 6pm - 10pm
Price: THB 4,999 net per set for 6 persons (includes a seasonal organic Chiang Mai tea)

SET MENU:

- Seasonal salad bowl, Thai 2nd dressing, salmon brown, Thai lotus, tiger-thigh eggs and sesame seeds
- Hot & hot spicy wild chili-lent, baby pork ribs and strong tangy beef bones
- Braised ribs, cardamom, garlicky ribs, oyster mushrooms, almonds and mint yogurt
- Braised whole chicken, turmeric rice, braised egg, wild pepper dip
- Braised whole seafood, authentic style curry, fresh garden herbs
- Half pound of gummies & blueberry cake

SPECIAL OFFER: First 5 bookings, receive 20% off! (Non-refundable deposit required)

FOR MORE INFORMATION AND RESERVATIONS, PLEASE CONTACT
 052 090 603 or email mai@meliaschiangmai.com

Price is inclusive of 10% service charge and 7% government tax.



LAAN NA KITCHEN

Breakfast Bliss Buffet at Laan Na Kitchen

Buenos Dias! Kickstart your day and boost your energy with our vibrant breakfast buffet, featuring a blend of Spanish, Mediterranean, and Thai delights.

Savor our signature breakfast spread, which boasts delights such as tortilla Española (Spanish omelette) and chorizo with chocolate QB. Customize your morning with freshly cooked eggs, succulent ham, waffles, pancakes, a freshly prepared salad sourced from an organic farm, and freshly squeezed orange juice.

Venue: Laan Na Kitchen
Date: Now - 30 September 2024
Time: 8am - 10:00am
Price: THB 299 net per person (includes 10% members get 10% discount on top of the special price)

Exclusive offer: Advance booking is required due to limited seats available.

*Price is inclusive of 10% service charge and 7% government tax.

FOR MORE INFORMATION AND RESERVATIONS, PLEASE CONTACT
 052 090 603 or email laan@meliaschiangmai.com

MELIA CHIANG MAI



Victor's French Bistro.

All you can eat buffet, Lunch 11.30 bis 15.00 Uhr und Dinner 17.30 bis 22:00 Uhr.

Salate, Meeresfrüchte, Wurstwaren, Käse, Hauptgerichte, Pizza, Brot, Desserts und vieles mehr.

Mit Grillecke und Spezialitäten à la carte, Rumpsteak, Striploin, Pommes Frites, Nudeln, Caesar-Salat, Paté und vieles mehr. Alle Speisen sind hausgemacht aus besten Zutaten. 599 Baht. Reservierungen unter

0635919275 oder Victor.french.bistro@gmail.com

Victor's French Bistro.

All you can eat buffet, lunch 11.30 am to 3.00 pm and dinner 5.30 pm to 10.00 pm.

Salads, seafood, charcuterie, cheese, main courses, pizza, bread, desserts and much more. With grill corner and specialties à la carte, rump steak, striploin, chips, pasta, Caesar salad, paté and much more. All dishes are homemade from the best ingredients. 599 Baht. Reservations at 0635919275 or

Victor.french.bistro@gmail.com



Lanna Life Lofts. Die Bauarbeiten gehen weiter, bald wird auch der Pool fertig sein. Der Tag der Offenen Tür war ein voller Erfolg - überzeugt Euch selbst. Viel Spass beim Lesen des Newsletters Lanna Life Lofts. Bitte [hier](#) klicken.

Lanna Life Lofts Lanna Life Lofts Construction work is continuing and the pool will soon be finished. The open day was a complete success - see for yourself. Click [here](#) to read the newsletter.



Siam Move Management. Ihr plant einen Umzug? Dann seid ihr bei Siam Move Management goldrichtig. Das Unternehmen wurde vor über 8 Jahren gegründet. Es verfügt über ein grosses Netzwerk von Firmen in Übersee, mit denen es zusammen arbeitet. Siam Move Management hat Erfahrung mit den thailändischen Zollbestimmungen für Umzüge nach/ aus Thailand. Ausserdem verfügt Siam Move Management über grossartige Lagermöglichkeiten in Chiang Mai. Mehr auf www.siammovemanagement.com oder sendet Alan eine E-Mail an alan@smms.asia.

Siam Move Management. Are you planning a move? We do recommend Siam Move Management. The company was formed over 8 years ago. They have a great network of overseas companies and with people they can trust. Siam Move Management is experienced with Thai customs requirements for people moving to/from Thailand. And another plus - Siam Move Management has great storage facilities in Chiang Mai. Check out more on www.siammovemanagement.com or email Alan on alan@smms.asia



Ban Sabai Village Senior Residenz in Chiang Mai ist eine individuelle Residenz für Senioren mit oder ohne Pflege. Ban Sabai Village ist auch für fitte Senioren sehr geeignet, da es einfach ist sich in der Stadt zurechtzufinden und sich spontan zu arrangieren. Bitte besucht uns doch mal und lernt mehr über Ban Sabai Village Senior Residenz. Meldet Euch bei Mat an und kommt auf einen kostenlosen Kaffee oder zum Mittagessen. Mehr Infos www.bansabairesorts.com, Tel. 082 762 8310, village.reservation@gmail.com

Ban Sabai Village Senior Residence in Chiang Mai is an individual residence for seniors with or without care. Ban Sabai Village is also very suitable for fit seniors as it is easy to get around the city and make spontaneous arrangements. Please visit us and learn more about Ban Sabai Village Senior Residence. Register with Mat and come for a free coffee or lunch. More info www.bansabairesorts.com, Tel. 082 762 8310, village.reservation@gmail.com



Tilsiter Switzerland.

Tilsiter - DER Schweizer Käse unterstützt die SLS. Viele spannende Events werden in der Schweiz auch in diesem Jahr veranstaltet. Schaut mal rein unter www.tilsiter.ch

Tilsiter Switzerland.

Tilsiter - THE Swiss Cheese supports the SLS for the coming year. They have loads of interesting events in Switzerland, check them out on www.tilsiter.ch



HC Consultant.

Aussergewöhnliche Unterkünfte und Camper Vermietung in Frauenfeld. Home away from Home. Reist ihr in die Schweiz? Sucht ihr eine Unterkunft? Julia bietet ein Tiny House, ein Apartment oder ein Zimmer zur Vermietung an. Camper gefällig? Hier seid Ihr an der richtigen Adresse. Kontakt über juliahaenni@bluewin.ch

HC Consultant.

Exceptional accommodation and campervan hire in Frauenfeld. A home away from home. Are you travelling to Switzerland? Are you looking for accommodation? Julia offers a tiny house, an apartment or a room for rent. Fancy a campervan? You have come to the right place. Contact juliahaenni@bluewin.ch



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